

GETREADY FOR AND MENTURE

Summer 2025











- 1. Welcome Letter & Meet the Director
- 2. Before Camp To-do list
- 3. Electronic Policy
- 4. What to Bring List
- 5. Camp Schedules
- 6.FAQ's



Welcome To Adventure Camp

First off, I wanted to thank you for entrusting the KAH Adventure Camp team with the care of your camper. It is a trust we work hard to keep. We are a tight-nite team of KAH directors and group leaders and we continually undergo training and professional development courses to improve our knowledge and skill sets to best serve your camper!

Being a past camper myself, I understand the huge impact camp can have on kids and teens, and it is from this perspective I will do everything we possibly can to ensure their safety while also having a ton of fun!

We have been planning this Summer since last Summer and we cannot wait for all of the **FANTASTIC** fun we have planned!



Before Camp To-Do List

1. Complete Summer Camp Forms:
These can be found on our website at: http://www.kidsafterhours.com And, I know it stinks, but these need to be filled out even if your child is a returning camper or comes to us during the school year OH! One more thing, you only need to fill out the Medication Administration Form and have a doctor sign the Emergency Contact form if your child will need to take medication during the camp day (this includes emergency medication like epi-pens and inhalers).
2. Look Over Camp Schedules!
Please double check to make sure your child is enrolled for the correct weeks! If you need to make any changes or have any questions, feel free to give us a call!
PLEASE CANCEL ANY WEEKS YOU NO LONGER NEED We don't want you to pay for a week you will not use
3. Join Our Camp Orientation!
We would love for you and your child(ren) to join our camp orientation! It's not mandatory, but we would love the chance to meet you all! This is a great opportunity to meet the camp director, counselors, and ask any questions you have before camp begins! Camp Orientation will be June 11th at 7pm at Garrett Park Elementary
4. Know The Tuition Info:
We will not be able to have automatic billing for this summer. If you would like to pay in full, or need to rearrange due dates pleasee let us know! The tuition dates can be seen

Weeks 1,2,3 will be due June 1st 2025 Weeks 4,5,6 and 7 will be due June 20th 2025 Weeks 8 and 9 will be due July 20th 2025

5. Get Ready For A GREAT Summer!

below:

Check our "What to bring" lists on our website to see what your child will need for camp each day!



Do you remember the butterflies in your stomach on the first day of school or joining a new team? Do you remember when you had to solve those little problems of childhood (where to sit, who to sit with, asking an adult for help)? Or how those jittery feelings at the beginning of the day slowly dissolved as you felt comfortable and

learned that YOU could solve your own problems. These are important lessons that our children (grandkids in my case) need to learn as part of growing up. We want kids to tackle these movements head-on, without a digital crutch. Cell phones and electronics get in the way of that important growing process.

Cell phones and electronics hinder these important goals. Not to mention having to police the content kids may be viewing. For these reasons, phones and watches should NOT be brought to camp. Please don't have your child "hide" their phone in their backpack. When we see phones or electronics we will make sure they are kept safe for the day and we will return them to families at pick-up.

Devices found at camp will be collected by the KAH staff and given back to campers at the end of the day.

For campers who have been found using a cell phone (or other electronic devices) multiple times, staff may take further disciplinary action.

Electronics to keep at home include:

Phones, smartwatches, gaming devices (ex. Nintendo Switch), mobile devices, computers



Along with what is listed below, Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- Please keep electronics at home

Week 1: June 16 - 20

- Watermine: bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- Climb Zone/Pool: closed-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, SIGNED WAIVER
- Caving: long pants and long sleeve shirt, close-toed shoes, bagged lunch, plastic bag shopping bag AND change of clothes (shorts, tshirt, flip flops)
- White Water Rafting: close-toed shoes/water or pool shoes (no flip flops, sandals, or crocs on river), bathing suit, towel, bagged lunch, change of clothes

Week 2: June 23-27

- Great Waves: bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- Zava Zone & Pool: close-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, SIGNED WAIVER
- Sandy Point: bathing suit, towel, change of clothes, bagged lunch, \$ for snack bar ptional
- Patapsco: bathing suit, towel, close-toed shoes/water or pool shoes, change of clothes, bag lunch
- Guppy Gulch: bathing suit, towel, change of clothes, bag lunch, SIGNED WAIVER



Along with what is listed below, Each day you will need:

- Lunch (unless noted below)
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- Sunscreen

• Please keep electronics at home Week 3: June 30 - July 3rd

- Gunpowder Falls: bathing suit, towel, change of clothes, bagged lunch
- Beaver Dam: bathing suit, towel, change of clothes, lunch and/or \$ for snack bar, life jackets provided
- Paintball: long pants and a long shirt (old clothes), change of clothes optional, close-toed shoes, bagged lunch, SIGNED WAIVER
- Hiking & Pool: closed-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)

Week 4: July 7 - 11

- Atlantis: bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- Double Rock Park & Pool: closed-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- Beat the Bomb & Pool: closed-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, SIGNED WAIVER
- Bay Fishing: bagged lunch, SUNSCREEN, comfortable clothes, parents can give motion sickness medicine at dropoff if desired
- Calvert Cliffs: closed-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch



Along with what is listed below, Each day you will need:

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Week 5: July 14 - 18

- Watermine: bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- Weverton Cliffs & Pool: closed-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- Potomac Play Pass & Ropes Course: closed-toed shoes(no flip flops, sandals, or crocs on ropes course or river), bathing suit, towel, change of clothes, athletic wear, bagged lunch, SIGNED WAIVER
- White Water Rafting: closed-toed shoes/water or pool shoes(no flip flops, sandals, or crocs on the river), bathing suit, towel, bagged lunch, change of clothes
- Guppy Gulch: bathing suit, towel, change of clothes, bagged lunch,
 SIGNED WAIVER

Week 6: July 22-26

- Rocky Point Beach: bathing suit, towel, change of clothes, bagged lunch
- Patapsco: bathing suit, towel, close-toed shoes/water or pool shoes, change of clothes, bag lunch
- **Hiking & Pool:** close-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- Ocean City: bathing suit, towel, ADVENTURE CAMP T-SHIRT, \$20 for the boardwalk, change of clothes
- Great Waves: bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside



Along with what is listed below, Each day you will need:

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Week 7: July 28 - August 1

- Atlantis: bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- Paintball: long pants and long shirt (old clothes), change of clothes optional, closed-toed shoes, bagged lunch, SIGNED WAIVER
- Beaver Dam: bathing suit, towel, change of clothes, lunch and/or \$ for snack bar, life jackets provided
- Climb Zone/Pool: closed-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, SIGNED WAIVER
- Calvert Cliffs: closed-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch

Week 8: August 4-8

- Great Waves: bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- Caving: long pants and long sleeve shirt, close-toed shoes, bagged lunch, plastic bag shopping bag, AND change of clothes (shorts, t-shirt, flip flops)
- Beat the Bomb & Pool: closed-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, SIGNED WAIVER
- Gunpowder Falls: bathing suit, towel, change of clothes, bagged lunch
- Guppy Gulch: bathing suit, towel, change of clothes, bagged lunch,
 SIGNED WAIVER



Along with what is listed below, Each day you will need:

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Week 9: August 11-15

- Watermine: bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- Potomac Playpass: close-toed shoes/water or pool shoes(no flip flops, sandals, or crocs on river), bathing suit, towel, bagged lunch, change of clothes, SIGNED WAIVER
- Hiking & Pool: close-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- Rocky Point Beach: bathing suit, towel, change of clothes, bagged lunch
- Medieval Times & Movies: lunch provided, semi-formal wear (camp tradition!), \$ for movie concessions (optional)



Farmland & Garrett Park

Camp day is 9 am to 5 pm *Except where noted















Rafting



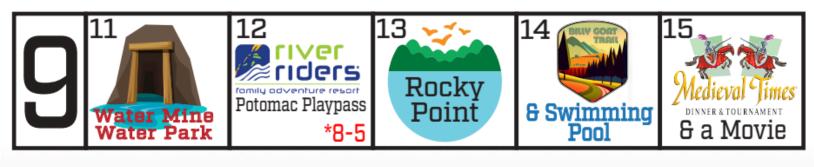
BUS 1 Farmland & Garrett Park

SUMMER 2025

Camp day is 9 am to 5 pm *Except where noted



**week 9 hours 8:30-4:30 unless otherwise noted. We do not have access to the building for extended care.





Camp day is 9 am to 5 pm *Except where noted

JUNE 16

 MCPS EARLY DISMISSAL

LAST DAY OF SCHOOL MCPS

EARLY DISMISSAL



& Swimming Pool

No Camp







Sandy Point



Patapsco







JULY 1



& Swimming Pool



3 B<u>ea</u>ver Dam





8

Bay Fishing



10



& Swimming Pool











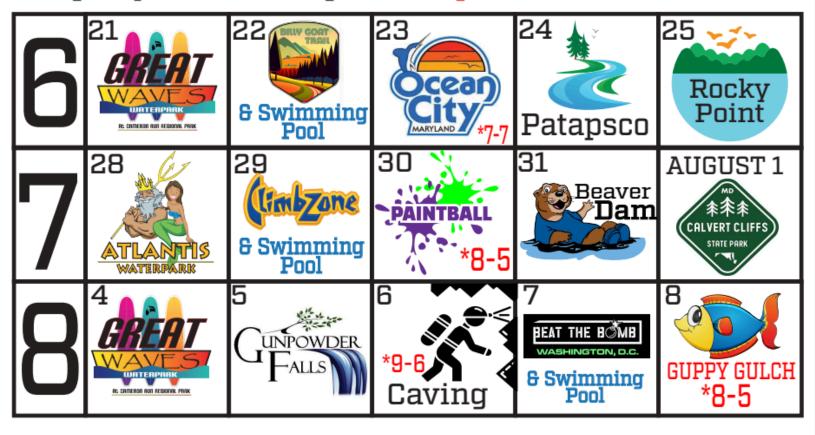




RCV, Glen Haven & Cloverly

SUMMER 2025

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**week 9 hours 8:30-4:30 unless otherwise noted. We do not have access to the building for extended care.



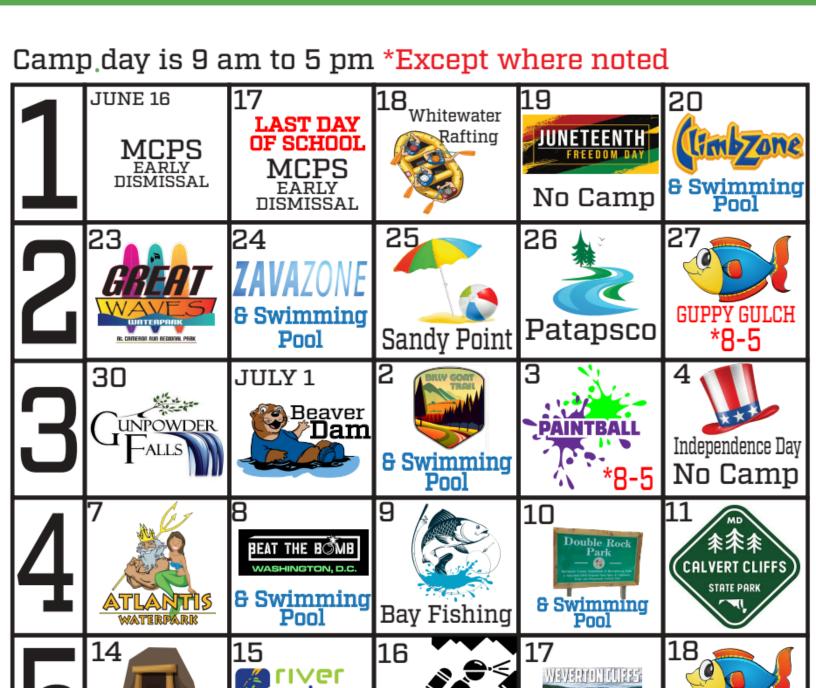


BUS 3 flora singer

SUMMER 2025

GUPPY GULCH

& Swimming



Caving

Potomac Playpass

*8-5



BUS 3 flora singer

SUMMER 2025

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TRIP DESCRIPTIONS!

Caving Determine the value of your home and belongings to ensure you have adequate coverage in case of damage or loss
WhiteWater Rafting Review your insurance policy to understand what is covered, including dwelling coverage, personal property coverage, liability protection, and additional living expenses
Patapsco Valley State Park / Calvert Cliff State Park Determine your deductible amount, the out-of-pocket expense you'll pay before your insurance coverage kicks in, and ensure it aligns with your budget and needs
Sandy Point / Rocky Point Explore additional endorsements or riders for specific risks, such as flood insurance, earthquake coverage, or coverage for high-value items like jewelry or art
Guppy Gulch Be aware of coverage exclusions, such as damage from certain natural disasters or maintenance-related issues, and consider additional coverage options if needed.
High Ropes Course Assess your liability coverage limits to protect against lawsuits for property damage or bodily injury occurring on your property, and consider increasing coverage if necessary
Beaver Dam Create a home inventory documenting your possessions, including descriptions, photos, and estimated values, to facilitate the claims process in case of loss or damage
Paintball Review your home insurance policy annually or after major life events (e.g., renovations, purchases) to ensure your coverage remains adequate and up-to-date







Can my camper bring a cell phone?

At camp, we encourage campers to build connections with each other and take a break from electronic devices. We kindly request that all campers refrain from bringing their devices. Electronic devices will be collected by staff and returned to families at the end of the day. More about this can be seen in our Electronics Policy in this packet.

What if my child doesn't know how to swim?

We train our staff to assume that NONE of our campers know how to swim - no matter how many times they claim they are captain of the swim team. Campers must remain in designated areas where they can stand at all times. Campers will have the option to take a swim test to access deeper areas of the pool. Campers must always remain in areas supervised by lifeguards and our KAH staff. Our team is actively engaged in the water with the kids, and monitoring from the pool deck. While our staff members may have lifeguard training, they serve as additional support to the pool staff and lifeguards. Swimming and water play at camp are incredibly fun, but we take safety extremely seriously

Is there a camp orientation, will I be able to meet the staff before the first day of camp?

during these activities.

Absolutely! Join us for our Camp Orientation on June 11th at 7pm. This event is open to both kids and families, offering a chance to meet counselors and address any questions you may have. Should you have questions before the orientation, don't hesitate to contact your director (details provided in this packet) or reach out to our main office at 301-933-6888.

We're always happy to chat about camp!







What is the process for drop off and pick up?

We will have greeters set out at the front of each location with staff there ready to welcome your camper! We do ask that you check-in/out your camper each day using our electronic system. This is used for security and accountability purposes. Our staff will guide your camper on where they should put their things, and help them get settled into our activities!

How are campers supervised on field trips?

Our staff are always actively engaged with campers during our trips as active participants in all activities. Campers will travel in groups supervised by a staff member. Attendance is taken at each transition of the day. We maintain a counselor-to-camper ratio of 1:10+1, exceeding the state's requirement of 1:15.

What method of transportation does KAH use for field trips?

Adventure Camp primarily uses school buses for transportation. These are typically the same buses and drivers that MCPS uses! On occasion, we may use 14-passenger vans operated by KAH staff who are over 21 and have completed a driving background check and a vehicle safety training.









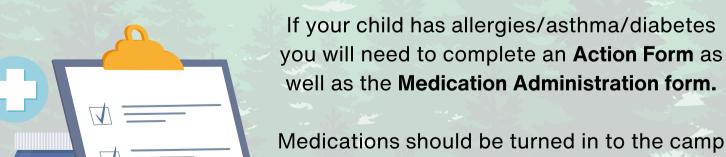
How and when is sunscreen applied?

Sunscreen application is done strictly by campers. We will remind our campers to put on sunscreen throughout the day. Our staff are trained on the importance of sun safety, and the risks associated with sunburns and UV rays.

Sun Safety Tips:

- 1. Have campers apply sunscreen before they come to camp
- 2. Send sun protective gear such as long-sleeve rash guards, and hats.
- 3. Label your sunscreen!
- 4. Face sticks and spray sunscreens are generally the easiest for campers to apply.

My child has allergies (or will need to take medication while at camp) what forms do I need? Medication Administration Form



director or group leader on your child's first day of camp and they will be returned to you on your child's last day of camp.