

SKATE CAMP SUMMER 2024



KAH
SKATE CAMP

GET READY TO
SHRED



What's in the Welcome Packet

1. Welcome Letter & Meet the Director
2. Before Camp To-do list
3. Electronics Policy
4. What to Bring List
5. Camp Schedules
6. FAQ's



Welcome To Skate Camp

First off, we wanted to thank you for entrusting the KAH Skate Camp team with the care of your camper. It is a trust we work hard to keep. We are a tight-knit team of KAH directors and group leaders and we continually undergo training and professional development courses to improve our knowledge and skill sets to best serve your camper!

Being past KAH campers ourselves, we understand the huge impact camp can have on kids and teens, and it is from this perspective we will do everything we possibly can to ensure their safety while also having a ton of fun!

We have been planning this Summer since last Summer and we cannot wait for all of the **FANTASTIC** fun we have planned!

Hi, my name is Lillie Bradley, and I am the Skate Camp director at the Garrett Park location! I love working with beginner skaters. Seeing the development from their first steps on a skate board, to cruising comfortably at a skate park has always been the best part of my job!

Meet Lillie!



Lillie@kidsafterhours.com

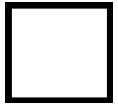
Hi, my name is Will Sickels and I am the Skate Camp director at the Forest Knolls location. Skating is my passion, from being a skate camper to directing at Woodward Skate Camp in PA and now at KAH Skate camp. It's a dream job seeing kids learn new tricks and support each other through the process each Summer!

Meet Will!



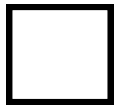
Will@kidsafterhours.com

Before Camp To-Do List



1. Complete Summer Camp Forms:

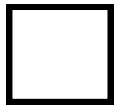
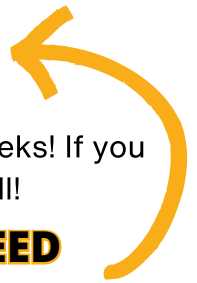
These can be found on our website at: <http://www.kidsafterhours.com> And, I know it stinks, but these need to be filled out even if your child is a returning camper or comes to us during the school year... OH! One more thing, you only need to fill out the **Medication Administration Form** and have a doctor sign the Emergency Contact form if your child will need to take medication during the camp day (**this includes emergency medication like epi-pens and inhalers**).



2. Look Over Camp Schedules!

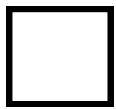
Please double check to make sure your child is enrolled for the correct weeks! If you need to make any changes or have any questions, feel free to give us a call!

PLEASE CANCEL ANY WEEKS YOU NO LONGER NEED
We don't want you to pay for a week you will not use



3. Join Our Camp Orientation!

We would love for you and your child(ren) to join our camp orientation! It's not mandatory, but we would love the chance to meet you all! This is a great opportunity to meet the camp director, counselors, and ask any questions you have before camp begins! Camp Orientation will be **June 12th at 7pm at Garrett Park Elementary**



4. Know The Tuition Info:

We will not be able to have automatic billing for this summer. If you would like to pay in full, or need to rearrange due dates please let us know! The tuition dates can be seen below:

Weeks 1,2,3 will be due June 1st 2024
Weeks 4,5,6 and 7 will be due July 1st 2024
Weeks 8 and 9 will be due August 1st 2024



5. Get Ready For A GREAT Summer!

Check our "What to bring" lists on our website to see what your child will need for camp each day!



WHAT TO BRING LIST

Everyday your child will need:

1. **Skateboard**
2. **Helmet**
3. **Pads** (for younger and less experienced skaters)
4. **Prepared lunch** (no peanuts please, KAH is nut-free and no microwavable food please)
5. **Water Bottle** (we will help with providing water)
6. **Bathing Suit, Swim Shirt, & Towel**
7. **Sunscreen** (we carry CVS brand & Rocky Mountain Sunscreen SPF 50 on site)



ELECTRONICS POLICY!



At camp, we encourage campers to build connections and meet new friends. We want them to try new experiences and enjoy the great outdoors. We have activities that they can't possibly do at home. We believe there are important life skills that kids can learn from the camp experience.

Cell phones and electronics hinder these important goals. Not to mention having to police the content kids may be viewing. For these reasons, phones and watches should NOT be brought to camp. Families, we ask that you help support us in our quest to have kids live in the "Real World"! Please don't have your child "hide" their phone in their backpack. When we see phones or watches we will make sure they are kept safe for the day and we will return them to parents at pick-up.

Do you remember the butterflies in your stomach on the first day of school or joining a new team? Do you remember when you had to solve those little problems of childhood (where to sit, who to sit with, asking an adult for help)? Or how those jittery feelings at the beginning of the day slowly dissolved as you felt comfortable and learned that YOU could solve your own problems. These are important lessons that our children (grandkids in my case) need to learn as part of growing up. We want kids to tackle these movements head-on, without a digital crutch. Cell phones and electronics get in the way of that important growing process. There are 24 hours in a day. We ask that your kids enjoy their electronics during the other 18 hours of the day. So they can meet new friends, do new things, and make wonderful memories while at Camp!

Devices found at camp will be collected by the KAH staff and given back to campers at the end of the day.

For campers who have been found using a cell phone (or other electronic devices) multiple times, staff may take further disciplinary action.

2024

K.A.H



Garrett Park

Camp Day:
9 am to 4 pm

1	June 17 OLNEY & LAUREL	18 Urbana & Shred House	19  No Camp	20 Arlington & Takoma	21 
2	June 24 Lake Fairfax & Shred House	25 Woodside & Olney	26 Wakefield & Pool	27 Shaw & Sunnyside	28 
3	July 1 Shrimp Town & Shred House	2 OLNEY & LAUREL	3 Wakefield & Pool	4-5 Independence Day Holiday No Camp 	
4	July 8 Arlington & Woodside	9 Olney & Shred House	10 Poolesville Hillendale Pool BBQ	11 Lake Fairfax & K-Town	12 
5	15 Shaw & Takoma	16 Laurel & Sunnyside	17 Lake Fairfax & Water Mine	18 Walker Mill Shred House	19 




2024

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Garrett
Park

Camp Day:
9 am to 4 pm

6	22 Wakefield & Shred House	23 Saw Mill & Woodside	24 Urbana & Pool	25 OLNEY & LAUREL	26 
7	July 29 Shrimptown & Urbana	30 Arlington & Olney	31 Lake Fairfax & Shred House	August 1 Wakefield & Takoma	2 
8	5 Sunnyside & Shred House	6 Laurel & Olney	7 Lake Fairfax & Water Mine	8 Urbana & Poolsville	9 
9	12 Laurel & Woodside	13 Arlington & Shred House	14 Olney & Pool / BBQ	15 Wakefield	16 Saw Mill & Medieval times *Lunch & show

What to bring to camp:

Helmet

Skate Board

Knee & Elbow Pads suggested

Bathing Suit & towel

Lunch & Water bottle

2024

K.A.H



Forest Knolls

Camp Day:
9 am to 4 pm

1	June 17 Sunnyside & Shred House	18 Wakefield & Arlington	19  No Camp	20 Olney & Laurel	21  SKATE EST. 2021
2	June 24 Shrimptown & Olney	25 Shaw & Shredhouse	26 Laurel & Pool	27 Landsdowne & Saw Mill	28  SKATE EST. 2021
3	July 1 Shred House & Olney	2 Wakefield & Shred House	3 Arlington & Pool	4-5  Independence Day Holiday No Camp	
4	July 8 Wakefield & Shred House	9 Lake Fairfax & Takoma	10 Laurel & Pool	11 Landsdowne & Saw Mill	12  SKATE EST. 2021
5	15 Shred House & Olney	16 Shaw & Sunnyside	17 Lake Fairfax & Watermine	18 Shred House & Olney	19  SKATE EST. 2021




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Forest Knolls

Camp Day:
9 am to 4 pm

6	22 Shrimptown & Olney	23 Laurel & Sunnyside	24 Wakefield & Pool	25 Landsdown & Saw Mill	26 
7	July 29 Shred House & Olney	30 Wakefield & Arlington	31 Shaw & Pool	August 1 Shrimptown & Shred House	2 
8	5 Shred House & Sunnyside	6 Landsdown & Saw Mill	7 Lake Fairfax & Water Mine	8 Wakefield & Arlington	9 
9	12 Shred House & Olney	13 Shrimptown & Takoma	14 Laurel Pool & BBQ	15 Wakefield	16 Saw Mill & Medieval times *Lunch & show

What to bring to camp:

- Helmet
- Skate Board
- Knee & Elbow Pads suggested
- Bathing Suit & towel
- Lunch & Water bottle



FAQ'S



Can my camper bring a cell phone?

At camp, we encourage campers to build connections with each other and take a break from electronic devices. We kindly request that all campers refrain from bringing their devices. Although we prefer devices to be left at home, if necessary, cell phones must be securely stored in the camper's backpack throughout the duration of camp and during before/after care. Please note that we cannot ensure the safety of these devices.



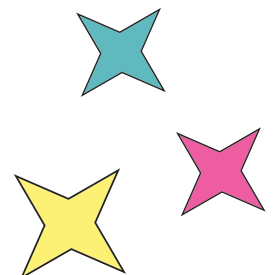
What if my child doesn't know how to swim?

We train our staff to assume that NONE of our campers know how to swim - no matter how many times they claim they are captain of the swim team. Campers must remain in designated areas where they can stand at all times. Campers will have the option to take a swim test to access deeper areas of the pool. Campers must always remain in areas supervised by lifeguards and our KAH staff. Our team is actively engaged in the water with the kids, and monitoring from the pool deck. While our staff members may have lifeguard training, they serve as additional support to the pool staff and lifeguards. Swimming and water play at camp are incredibly fun, but we take safety extremely seriously during these activities.

Is there a camp orientation, will I be able to meet the staff before the first day of camp?

Absolutely! Join us for our Camp Orientation on June 12th at 7pm. This event is open to both kids and families, offering a chance to meet counselors and address any questions you may have. Should you have questions before the orientation, don't hesitate to contact your director (details provided in this packet) or reach out to our main office at 301-933-6888.

We're always happy to chat about camp!





FAQ'S



What is the process for drop off and pick up?

We will have greeters set out at the front of each location with staff there ready to welcome your camper! We do ask that you check-in/out your camper each day using our electronic system. This is used for security and accountability purposes. Our staff will guide your camper on where they should put their things, and help them get settled into our activities!

How are children supervised throughout the day?

Our staff are always actively engaged with campers during our trips as active participants in all activities. Campers will travel in groups supervised by a staff member **at ALL times**. Attendance is taken at each transition of the day. We maintain a counselor-to-camper ratio of 1:10+1, exceeding the state's requirement of 1:15.



What method of transportation does Skate Camp use?

Skate Camp primarily uses 14-passenger vans operated by KAH staff who are over 21 and have completed a driving background check and a vehicle safety training.



How does Skate camp handle injuries?

Skate Camp takes injuries seriously and implements strict safety measures to minimize risks. All campers and staff are required to wear helmets at all times while skating, with no exceptions. We highly recommend other protective pads, especially for beginner skaters. Our staff are CPR and first aid certified, with training in medication administration.

While bumps and bruises are part of the skating process, we prioritize teaching campers how to take appropriate risks and fall safely. We never push campers beyond their capabilities and encourage responsible behavior in skate parks and on ramps.

In the event of an injury, families will be promptly notified via phone calls. Your child's safety is our top priority, and we strive to create a safe and enjoyable environment for all campers.



FAQ'S



How and when is sunscreen applied?

Sunscreen application is done strictly by campers. We will remind our campers to put on sunscreen throughout the day. Our staff are trained on the importance of sun safety, and the risks associated with sunburns and UV rays.

Sun Safety Tips:

1. Have campers apply sunscreen before they come to camp
2. Send sun protective gear such as long-sleeve rash guards, and hats.
3. Label your sunscreen!
4. Face sticks and spray sunscreens are generally the easiest for campers to apply.

My child has allergies (or will need to take medication while at camp) what forms do I need?

Medication Administration Form

If your child has allergies/asthma/diabetes you will need to complete an **Action Form** as well as the **Medication Administration form**.

Medications should be turned in to the camp director or group leader on your child's first day of camp and they will be returned to you on your child's last day of camp.

